

What if I break or injure my arm or hand?

Piano lessons continue!

A sprained or broken arm, wrist, hand or finger is a perfect opportunity to:

- Focus on the *other* hand, learning music specifically written for one hand and also making duets of your current assignments. There are many pieces written for one hand alone to keep your good hand busy while the other is recovering from injury.
- Focus on *sightreading*. This is a great time to improve your sightreading skills.
- Focus on *ear training*. Improve your listening skills!
- Focus on *theory*. Review and polish your theory skills: notes, rhythms, scales, chords, intervals, key signatures, time signatures.
- Learn more about *music history* and *composers*. This is a great time to get to know the composers and history behind the music we play.